



OrbiTape Body Tape Measure

The 10 Top Frequently Asked Questions

1) What is a body tape?

The body tape measure measures any body part – easily and accurately.

2) How do I measure my biceps?

You can do this with one hand! Just loop the tape around your arm, lock in the tab, press the STAR button, let the tape contract, and read your measurement.

3) How do I know that the measurement is accurate?

OrbiTape uses Constant Tension Technology so there is a slight pressure pulling on the tape all the time. So when you take a measurement, you can't cheat to make your waist smaller and your biceps bigger.

4) What body parts can I measure?

Waist, hips, thighs, calves, biceps, chest, ankles, wrists, and wherever else size matters to you.

5) Why does the tape start at 2 inches? How long does it go?

The tape starts at 2 inches to accommodate for the curvature in the top of the unit. Since we measure the circumference of any body part, meaning it has to go around, we have to account for the shape of the product. The tape reaches out to 60 inches, or 5 feet.

6) Why are there inches and millimeter measurements on the tape?

We sell products all over the world and many countries use the metric system. Most body fat formulas use millimeters. So it was easy for us to add this to the tape.

7) Is OrbiTape better than MyoTape?

Of course! Since the designers of all of Sequoia Fitness' items designed the MyoTape and their calipers, all of the products have been improved for accuracy and reliability. The tabs come off of the MyoTape and it does not have the proprietary constant tension technology that the OrbiTape uses.

8) Can I measure body fat with OrbiTape?

You can, but you need special formulas to do so. In fact, the U.S. Department of Defense uses body tapes for body fat measurement. Sequoia has a product called the Tonus Body Mass Calculator, which incorporates the formulas using the OrbiTape

9) What if I need help with the item?

Call Sequoia Fitness Products USA at 877-987-3737. Ask for Matt. He has been designing body fat measurement devces for almost 15 years and is the expert on body fat analysis and support. We also have pdf files of the instructions in case you misplace them.

10) What is the Military Standard for Physical Readiness logo on Sequoia's products?

It is an emblem of trust and guarantee that all of the company's products meet a standard of excellence required by the armed forces when measuring body fat. If you were to join the military, you would have to pass a body fat exam and Sequoia has the tools to help you prepare.